Intent:

What do we want children to learn?

Throughout our curriculum we intend to ensure that all pupils develop the confidence to: excel in a broad range of physical activities; are physically active for sustained periods of time; engage in competitive sports; develop good habits which will encourage them to lead healthy, active lives. We teach a wide range of activities to support this, including: dance; athletics; gymnastics; team games; swimming.

P.E. in a Nutshell



St Leonard's CE Primary Academy

Implementation:

How do we do it at St Leonard's CE Primary Academy?

PE is taught weekly throughout the school. Our programmes of study clearly identify the key knowledge and skills within each PE activity to ensure consistency and progression across each year group. Children learn fundamental skills initially, which are then further developed through the teaching of specific skills and rules, for example when playing games such as hockey, netball and football.

Alongside our weekly PE lessons, we recognise the importance of children being physically active throughout the school day. Children take part in the St Leonard's Mile twice a week, providing regular opportunities to develop their fitness, stamina and enjoyment of physical activity. We also look for opportunities to build physical activity into everyday lessons and learning experiences, helping children to stay active while developing their knowledge and skills across the curriculum.

Children have the opportunity to engage in a wide range of sporting after-school clubs. They also take part in cluster events, including PE activities at Warneford Academy and the Blue Kite Games, providing opportunities for children to represent the school, develop teamwork and experience a range of sporting activities.

What PE looks like at ST Leonard's CE Primary Academy…

PE planning is based upon National Curriculum statements. Each class has a 1 hour lesson per week. These are mostly taught by the class teacher, and sometimes by outside agencies sharing their expertise. Swimming (UKS2) is taught by qualified coaches at the local swimming pool and the class teacher is there to support this learning. Children are taught through a progression of skills in each activity, and they are encouraged to reflect and evaluate their performances. The school has a range of equipment to support learning.

Impact:

On leaving ST Leonard's CE Primary Academy children will:

Children at St Leonard's will be able to demonstrate a broad and balanced knowledge and understanding of the primary PE curriculum. They will show enthusiasm for sport and be able to discuss the benefits of a healthy lifestyle. Children will understand the rules of a variety of games, and be able to use their skills to demonstrate a range of physical activities.